

NGS Programs at a Glance

Highest level of commitment and competition for very skilled players.



Lowest level of commitment and competition for players of all capabilities.

	Academy	Junior Academy	Travel	City	Juniors	Skills Development	Clinics
Overview	The Academy program offers our highest skilled players professional training as well as an opportunity to play competitive club games on Sundays. We provide three-season training, scrimmages, supplemental skills sessions, futsal, tournaments, and more. Players must commit to fall, winter and spring play.	The Junior Academy is an introduction to club soccer. The program offers three seasons of professional training to highly motivated players who want to train with like-minded, competitive peers to improve fundamental technical skills. Players must commit to fall, winter and spring play.	The Travel program offers a competitive experience for players who prioritize soccer. Players are placed on teams according to their skill level. Participants must commit to their team for both the fall and spring season.	The City program offers a recreation-focused, intramural soccer experience that emphasizes fun, health and exercise. Players may join a team for the fall and / or spring season. Teams are coached by trained parent volunteers who follow the NGS curriculum.	The Juniors program offers a fun and developmentally appropriate introduction to soccer. Players may join a team for the fall and / or spring seasons.	The Skills program offers motivated players a chance to improve their individual techniques, skills, and tactics that are vital for all soccer players. Participants receive age-appropriate, player-focused training with a professional coach for several weeks.	Vacation Clinics offer our players a few days to prepare mentally and physically for the upcoming season. Participants work with a professional coach to improve skills and tactics in a fun and exciting environment.
Practices	Two 60-minute to 90-minute practices every week, in addition to their travel team practices	One 60-minute practice every week, in addition to their Juniors team practices	One or two 75-minute practices per week	One 75-minute practice per week	PreK - Grade 1: One 60-minute session per week that combines training and scrimmaging. Grade 2: One 75-minute session per week that combines training and scrimmaging.	One 60-minute session per week.	2.5-hour sessions offered one - three days per week.
Game Day	Sundays	N/A	Saturdays	Saturdays	Saturdays	N/A	N/A
Coaching	Professional Coaches	Professional Coaches	Grades 3 - 4: Trained volunteer coaches manage a weekly team practice and game days, using the NGS curriculum. Professional trainers run the 2nd weekly practice. Grades 5 - 12: Trained volunteer coaches manage team practice and game days. Teams may sign up for sessions with a pro trainer throughout the season.	Trained volunteer coaches manage team practice and game days, using the NGS curriculum. Teams may sign up for sessions with a pro trainer throughout the season.	Game days are split into a practice session run by pro trainers with support from volunteer coaches, followed by games led by volunteer coaches with support from pro trainers.	Professional Coaches	Professional Coaches
Player Commitment	Required to attend a minimum of 75% of team activities for all three seasons (fall, winter, spring). Practices, games, and tournaments are mandatory and should only be missed for special circumstances. Academy coaches are empowered to use their discretion to set playing time based on an individual's overall commitment and performance on any given week.	Required to attend a minimum of 75% of team activities for all three seasons (fall, winter, spring)	Required to regularly attend at least one practice per week and all games during the fall and spring seasons. Players that cannot commit to participating in a minimum of 75% of team activities should register for a City team. Frequent, unexcused absences may impact game time.	Expected to regularly attend at least one practice per week, as well as all games, but attendance will not impact your playing time. Commit to one season at a time.	Program is designed to be flexible, it is fine to miss a few sessions.	Attend as much as possible; there are no make-ups for missed sessions	May register for 1, 2, or 3 days of clinic, depending on availability
Player Placement	Invitation only. Highest skilled players in each age group. Spots offered to the highest ranked players based on NGS Assessment results along with coach evaluations.	Highly motivated players who are seeking an increased challenge and are on-track to play NGS Travel soccer in 3rd grade may register for limited spots on a first-come, first-served basis.	Players are placed solely on skill level. Inputs include feedback from coaches and a formal assessment. Friend requests are NOT accepted. Everyone who registers on time gets on a team.	Players are placed on teams with girls from multiple schools, with the goal of creating equally balanced teams. Mutual friend requests are accepted.	Players are placed on teams with girls from multiple schools, with the goal of creating equally balanced teams. Mutual friend requests are accepted.	Open to all players within NGS. Players are separated into age groups.	Open to all players within NGS. Players are separated into age groups.
Assessment	Interested players are ranked and invited to participate based on evaluations by professional coaching staff made during ID Clinics.	There are no tryouts for this age group. Parents should carefully consider their child's readiness before registering.	Assessments are held in May for the next fall season. Participation is not required, but highly recommended for appropriate placement.	None	None	None	None
Age Group	Grades 3 - 8 (U9 - U14)	Grades 1 - 2 (U8 - U9)	Grades 3 - 12	Grades 3 - 12	Grades PreK (age 4) - 2	Grades 2 - 8	Grades 3 - 8
League	New England Club Soccer League (NECSL)	N/A	Boston Area Youth Soccer (BAYS) League	In-town League. Teams play against other NGS teams and Brookline.	In-town League. Teams play against other NGS teams.	N/A	N/A
Comments	Until they reach middle school participants must also be on a NGS Travel team. Programs are coordinated to avoid conflicting schedules. (Individual circumstances may be reviewed, and exceptions granted upon request.) A player CANNOT concurrently play for both a private club team and a Newton Academy team. Newton Academy has a partnership with the New England Futbol Club (NEFC).	Players must also be on a NGS Juniors team in the fall and spring.	Full commitment to ALL practices and games in the fall and spring is expected. Home games are in Newton. Away games are within one hour of Newton. Games may be played on alternate days if they are rescheduled due to weather. A high school travel team is offered in the spring.	A fun and friendly recreation league for all skill levels. Girls get to know other girls from Newton. Great for cross training for other sports; can opt into travel at any point in subsequent years. Signup season to season. A high school training-only team is offered in the fall.	Program emphasizes fun, touches on the ball and positive encouragement. Goalkeeping and scores are introduced in 2nd grade. Signup season to season.	One 6-week session offered in the summer. Two 6-week sessions offered in the winter.	Usually offered in August during the evening
Cost	\$2,675 for rostered players (includes fall, winter and spring seasons; 3-4 tournaments). \$850 for alternate players. \$370 for uniform kit	\$775 includes fall, winter and spring seasons). \$88 for uniform jersey.	\$555 for fall and spring seasons, grades 3-8. \$165 for spring high school team. \$120 for uniform kit.	\$240 per season for grades 3 - 9. \$100 for fall high school pick-up team. Early registration discounts offered. \$45 for reversible game jersey.	\$175 per season for PreK - 1 and \$240 per season for 2nd grade. Early registration discounts offered. \$45 for reversible game jersey.	\$220 (indoor winter session) \$180 (for summer session)	\$68, \$130, or \$185 depending on number of days selected.
Registration Period	Complete online survey by April 26, 2026 to register interest in Academy. Attend an ID Clinic. After evaluations, invitations are extended to highest ranked players; families have 48 hours to accept or decline the offer and register. Invitations extended as needed to fill each team's roster by the middle of June.	Registration for the 2026 - 2027 season begins in late May 2026 and continues until the program is full.	Registration for the 2026 - 2027 season runs mid-May to late-June 2026. Late registrants are placed on a waitlist and are charged only if a spot opens on an appropriate team. Late fees apply. Registration for spring 2027 is for high school travel teams only. It runs March 1 - March 31, 2027.	Fall 2026 registration runs June 1 - July 31, 2026. Late registrants may be placed on a waitlist. Late fees apply. Spring 2027 registration runs November 1, 2026 - February 28, 2027. Late registrants may be placed on a wait list. Late fees apply.	Fall 2026 registration runs June 1 - July 31, 2026. Late registrants may be placed on a waitlist. Late fees apply. Spring 2027 registration runs November 1, 2026 - February 28, 2027. Late registrants may be placed on a wait list. Late fees apply.	Registration opens approximately 8 weeks before the program start date and continues until the program is full.	Registration opens approximately 8 weeks before the program start date and continues until the program is full.