

Newton Girls Soccer “Beat the Defender Moves!” Chart

| | | | | |
|---|---|---|--|---|
|  | <u>Side Step Move</u> |  | <u>Stop Turn</u> |  |
| <u>Inside Cut</u> |  | <u>Outside Cut</u> |  | <u>Drag Push</u> |
|  | <u>Scissors</u> |  | <u>The Maradona</u> |  |
| <u>Slap Cut</u> |  | <u>U Turn</u> |  | <u>Step Over</u> |
|  | <u>Cruyff Turn</u> |  | <u>Ronaldo Chop</u> |  |
| <u>Matthews Move 1&2</u> |  | <u>The Ronaldinho</u> |  | <u>Swivel Hips Touch</u> |

Click on the name of the move for a video demo