

**Is your child in grades 6 – 8?** Our team at Harvard is seeking youths and their parent/caregiver to participate in

## **Project CARY (Cognitions, Affect, and Regulation in Youths)**

### **What is this project about?**

We are looking at past life experiences, the development of youths' emotions and self-regulation, and the role these things play in how youths cope with and respond to typical types of stress experienced in daily life

*Participating in this project may help us to better understand how youths' emotional and cognitive development and their life experiences influence one another. We hope that this information will help us understand what factors promote youths' positive emotional health and cognitive development.*



### **What does my participation involve?**

You and your child will be asked to visit our laboratory at Harvard University for a session that will last up to two hours. You and your child will fill out some forms, and your child will participate in a number of activities, some of which are on the computer. You will be compensated \$50 and your child will be compensated \$30. Travel reimbursement may be available.

**For more information, contact:** Rachel Vaughn-Coaxum, M.A. at Harvard University  
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