



## Juniors Grade 2

### Coaches' Game Day Guidelines

#### Set Up

- Coaches/players on opposite side of field from parents.
- Fields - Clean up fields after games and practices.

#### Equipment

- The referees have been instructed that all players MUST have shin guards and they must be worn underneath socks.
- No jewelry, including ear studs. No taped ear studs. No hard hair clips. No casts. No EXCEPTIONS.

#### Game Play

1. Game format 4v4 with **no goalies** and no players staying in front of goal for extended periods of time.
2. Game length 4 x 10minute quarters with a 2min break between quarters 1 and 3 and 5min at the half
3. Kick-Offs, have two players line-up and pass to one another. Remember ball must go forward to start the game. Opposition should retreat and give sufficient space accordingly.
4. Goal-Kicks, opposing team must retreat to halfway line.
5. EQUAL PLAYING TIME FOR ALL PLAYERS, ALWAYS!
6. If the event of lopsided games, try to institute new rules in order to keep score from getting really out of hand, e.g. 3 passes before shooting, score only with weaker foot, etc.

#### Substitutions

- Coaches must ASK PERMISSION of the referee prior to subbing. This can be accomplished by yelling "Ref, sub please?" or "Subs!" at a stoppage of play.
- Subbing is permitted at any stoppage of play when the ball has left the field. This means a coach can request a substitution before any goal kick, throw in, kickoff or corner kick.
- Upon referee acknowledgement, new players run onto the field from the mid-way line, players come off the field from midfield as well.
- Try to have the players know what position they will be playing prior to entering the game so play is not delayed.

#### Coaching

- Coaches should refrain from 'joystick coaching' and only direct players who are **not** in possession of the ball. **Let the Girls Play!**
- Focus on sportsmanship – cheer for the other team as well.
- Do not focus on the score.
- Coaches are NOT allowed to enter the field unless to attend to an injured player.
- Coaches and team should line up and shake hands after the game and thank the ref.

#### Referees

- **Zero Tolerance Policy.** Neither coaches nor parents are permitted to speak to the refs during the game. Coaches may ask questions (if any) after the game, however it is preferable to submit questions/comments directly to the referee coordinator.
- Coaches are responsible for the behavior of their team parents. It is important to remind them that they too are subject to the Zero Tolerance policy, should not speak to the refs.